

Laying a “Heavy One” on



Deuteronomy 5:16

Laying a "Heavy One" on



“Honor is a decision we make to place high value, worth, and importance on another person by viewing him or her as a priceless gift and granting that person a position in our lives worthy of great respect; and love involves putting our decision into action.”

The Gift of Honor by G. Smalley & J. Trent

hon·or

/'änər/

noun

1. in Hebrew from the words for “heavy” and “weight”
2. to be heavy; to make heavy or weighty
3. to lay it on them



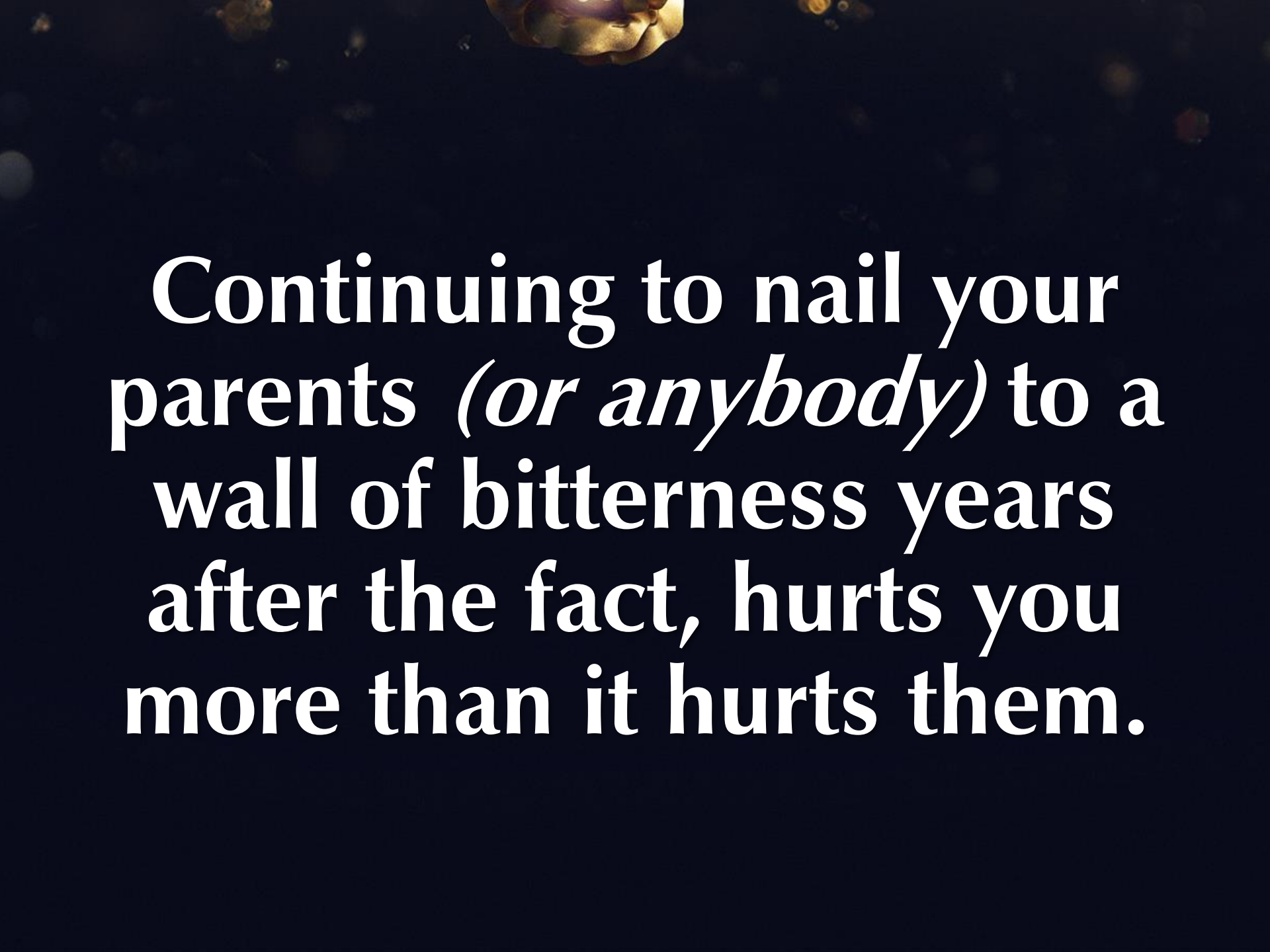
1. Why should we honor Mom?

a. God commanded it!

“honor thy father and thy mother, as the LORD thy God hath commanded you”

b. It's good for you!

“that thy days may be prolonged, and that it may go well with thee, in the land which the LORD thy God giveth thee.”



Continuing to nail your
parents *(or anybody)* to a
wall of bitterness years
after the fact, hurts you
more than it hurts them.

Failing to honor your parents...

1. impacts the way your children will respond to you.
2. drains away your capacity to love others.
3. builds walls in our lives.
4. affects you physically.



**Rejecting our parents is
robbing from ourselves.**




2. How should we honor Mom?

- a. Viewing her as a priceless gift**
- b. Granting her a position in our lives worthy of great respect**
- c. Putting our decision into action**

Honor could include these things (*D. Rainey*):

1. Choosing to place great value on your relationship with them
2. Taking the initiative to improve your relationship
3. Obeying them until you've established yourself as an adult
4. Recognizing what they've done right in your life
5. Recognizing the sacrifices they have made for you
6. Praising them for the legacy they are passing on to you
7. Seeing them through the eyes of Christ, with understanding and compassion
8. Forgiving them as Christ has forgiven you



**How are you honoring
your parents?**