



Between a Rock and a Hard Place

Psalm 23:4

Yea, though I walk through
the valley of the shadow of
death, I will fear no evil: for
thou art with me; thy rod and
thy staff they comfort me.



Between the Red Sea and Pharoah!

- Exodus 14:1-30
- Background information
 - The Israelites were slaves for Pharoah.
 - Moses was chosen by God to lead the people out of bondage.
 - Pharoah refused to let the people go so God sent 10 plagues.
- Moses and the Israelites just left Egypt at this point.



What do we do
when we feel
like we are
trapped?



Exodus

14:13-15

- And Moses said unto the people, Fear ye not, **stand still**, and see the salvation of the Lord, which he will shew to you today: for the Egyptians whom ye have seen today, ye shall see them again no more forever.
- The Lord shall fight for you, and ye shall **hold your peace**.
- And the Lord said unto Moses, Wherefore criest thou unto me? Speak unto the children of Israel, that they **go forward**:

1-Be still!

- Know whose side you are on-
God's or the world's?
- Remember what God has done
for you.
 - The Israelites forgot everything
when they saw the Egyptians.
 - Slavery
 - Freedom
 - GOD



2-Hold your peace!

- Be quiet and listen to God's instructions.
- What is God asking you to do?
- I Kings 19:12



3-Move forward!

- Sometimes God's leading doesn't make sense to us.
 - God seemed to be leading the Israelites to their death.
- We need to follow God's leading and step forward in faith.





What should you
do when you
feel trapped?

Be still and trust.
Hold your peace and
listen.
Move forward in
faith.