

10 FOOLISH THINGS

PEOPLE DO TO
MESS UP THEIR LIVES

Exodus 20:14

Commandment #1

**“Thou shalt have no other
gods before me.”**

(Exodus 20:3)

Commandment #2

“Thou shalt not make unto thee any graven image.”

(Exodus 20:4)

Commandment #3

**“Thou shalt not take the name
of the Lord thy God in vain.”**

(Exodus 20:7)

Commandment #4

“Remember the sabbath day,
to keep it holy.”

(Exodus 20:8)

Commandment #5

“Honor thy father and thy
mother.”

(Exodus 20:12)

Commandment #6

“Thou shalt not kill.”

(Exodus 20:13)

Commandment #7

**“Thou shalt not commit
adultery.”**

(Exodus 20:14)

FOOLISH THING #7

Ignoring Sensual
Warning Signs

5 Practical Observations Regarding God's Teaching about Adultery

1. Let's be clear about God's plan for intimacy.

God's plan for intimacy:

One man & one woman for life



Genesis 2:21-25

1. At the heart of this command is the sacredness of marriage.
2. At the heart of marriage is the permanence of the covenant.
3. At the heart of the covenant is the celebration of intimacy.

“Forsaking all others, so long as we both shall live.”



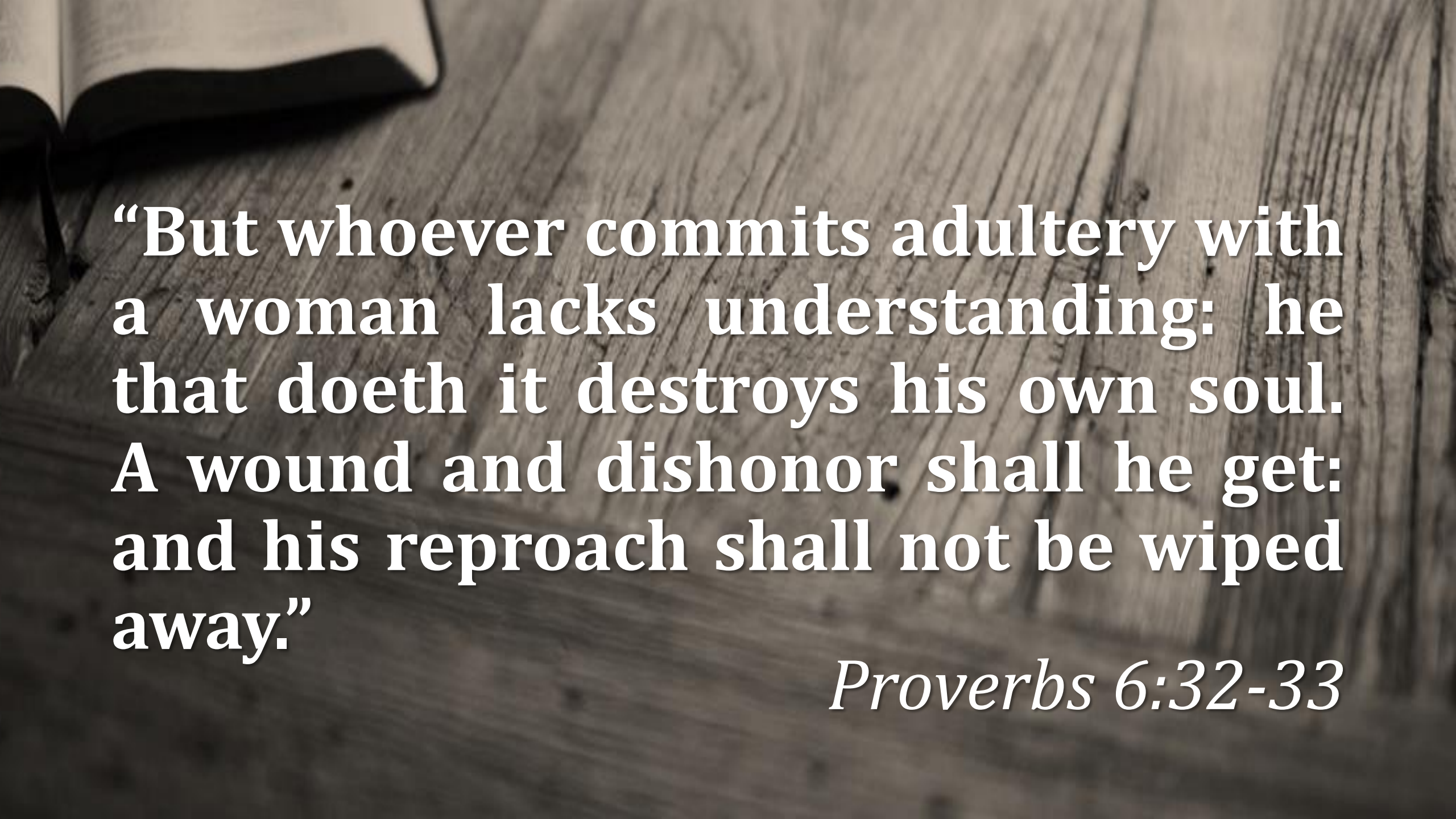
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5 Practical Observations Regarding God's Teaching about Adultery

2. Let's remind ourselves of the permanent negative consequences.
 - Adultery undermines trust.
 - Adultery breeds life-long guilt (*Pr. 6:32-33*).



**“But whoever commits adultery with
a woman lacks understanding: he
that doeth it destroys his own soul.
A wound and dishonor shall he get:
and his reproach shall not be wiped
away.”**

Proverbs 6:32-33

5 Practical Observations Regarding God's Teaching about Adultery

2. Let's remind ourselves of the permanent negative consequences.

- Adultery undermines trust.
- Adultery breeds life-long guilt (*Pr. 6:32-33*).
- Adultery leaves broken lives and devastated children (*Pr. 7:22-23*).
- Adultery results in pain – never happiness.

5 Practical Observations Regarding God's Teaching about Adultery

3. Let's understand where it all begins
(Matthew. 5:27-30).

5 Practical Observations Regarding God's Teaching about Adultery

4. Let's determine to set clear boundaries.
 - Avoid vulnerable times like you avoid sickness.
 - Don't ever accept emotional delight outside of marriage.
 - Practice accountability in what you read and watch.
 - Set a covenant with your eyes - *Job 31:1*.
 - Be careful how you dress.
 - Learn to discipline your life – *say “NO” to desires.*

5 Practical Observations Regarding God's Teaching about Adultery

5. Let's commit to heeding sensual warning signs when we approach these boundaries.

Next Steps

- 1) Run ... *from your sin and to Jesus.*
- 2) Bring it to the light.
- 3) Set clear boundaries.
- 4) Establish a fight team (*personal prayer & accountability support team*).
- 5) Abide in Jesus & His Word.