The Ten Commandments Part 6

OFOLISH OFHINGS PEOPLE DO TO MESS UP THEIR LIVES

Exodus 20:8-11

Commandment #1 "Thou shalt have no other gods before me." (*Exodus 20:3*)

Commandment #2 "Thou shalt not make unto thee any graven image." (Exodus 20:4)

Commandment #3 "Thou shalt not take the name of the Lord thy God in vain." (Exodus 20:7)

Commandment #4 "Remember the sabbath day, to keep it holy." (Exodus 20:8)

FOOLISH THING #4

Failing to Honor God's Day

EXPOSITIONWhat does it mean?

Five Key Statements:

- **1.** God says: Don't forget the "rest" day "remember the sabbath day" (vs. 8)
- 2. "Keep it holy" means: Set this "rest" day aside from all other days as special (vv. 8, 10)
- **3. God says: This holy rest day should occur systematically (one out of every seven)** (vs. 9)
- **4.** Don't think you can skirt the issue by having others work **for you** (*vs. 10*)

Main idea Could they trust God?

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- **3. God says: This holy rest day should occur systematically (one out of every seven)** (vs. 9)
- **4. Don't think you can skirt the issue by having others work for you** (*vs. 10*)
- 5. God says: The basis for this commandment is found in /// God's example & declaration of rest after creation (vs. 11)

APPLICATION How does it apply to us?

Three Conclusions

1. A New Testament Christian is not under the Sabbath commandment.

2. The New Testament teaches that Jesus is the fulfillment of the Sabbath rest principle.

From the foundation of the world, God has established a Sabbath principle.

PURPOSE How should we respond?

"Rest" Day is meant to be set apart for three primary purposes

Purpose #1 - REST

• Lesson to be learned: true blessing comes from His grace, not our labor.









Why is Chick-fil-A closed on Sunday?

Our founder S. Truett Cathy made the decision to close on Sundays in 1946 when he opened his first restaurant in Hapeville, Georgia. Having worked seven days a week in restaurants open 24 hours, Truett saw the importance of closing on Sundays so that he and his employees could set aside one day to rest or worship if they choose, a practice we uphold today.

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Purpose #1 - REST

- Lesson to be learned: true blessing comes from His grace, not our labor.
- **Purpose #2 WORSHIP**

"The ability to calm your soul and wait before God is one of the most difficult things in the Christian life. Our old nature is restless ... the world around us is frantically in a hurry. But a restless heart usually leads to a reckless life."

Warren Wiersbe

Corporate worship sets the tone for life.

God commands His people to meet for worship weekly. Hebrews 10:25

Going to church with kids is hard, but it will also be worth it.

It's hard to get to church. *That's the point.*

Model Unflinching Commitment to Sunday Worship

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Purpose #1 - REST

- Lesson to be learned: true blessing comes from His grace, not our labor.
- **Purpose #2 WORSHIP**
- Lesson to be learned: true blessing comes when we honor God and truly desire to spend time focused on.
 Purpose #3 - SERVICE
 - Lesson to be learned: true blessing comes from serving others and not ourselves.

 The "Rest" Day is meant to be set apart for three primary purposes: REST - WORSHIP - SERVICE
God's intention was that this rest day would be a blessing not a burden! (Isaiah 58:13-14)

If thou turn away thy foot from the sabbath, from doing thy pleasure on my holy day; and call the sabbath a delight, the holy of the LORD, honourable; and shalt honour him, not doing thine own ways, nor finding thine own pleasure, nor speaking thine own words: Then shalt thou delight thyself in the LORD; and I will cause thee to ride upon the high places of the earth, and feed thee with the heritage of Jacob thy father: for the mouth of the LORD hath spoken it.

Isaiah 58:13-14

Commandment #4

"Remember the sabbath day, to keep it holy."

- Are my Sundays focused on rest, worship, and ministry to others?
- Do I schedule church around my weekend plans rather than scheduling my weekend plans around church?
- Do I see my worship and rest time as a burden or a blessing in my life? Is my heart set more on the distractions and pleasures of this life or on the enjoyment of my relationship with God?