

Revelation 1:3

Blessed is he who reads and those who hear the words of this prophecy, and keep those things which are written in it; for the time is near.

**7 HABITS OF
HIGHLY EFFECTIVE
CHURCHES**



**Revitalizing Your Life
with Christ**

Revelation 3:1-6

Part 5

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Revelation 3:1-6

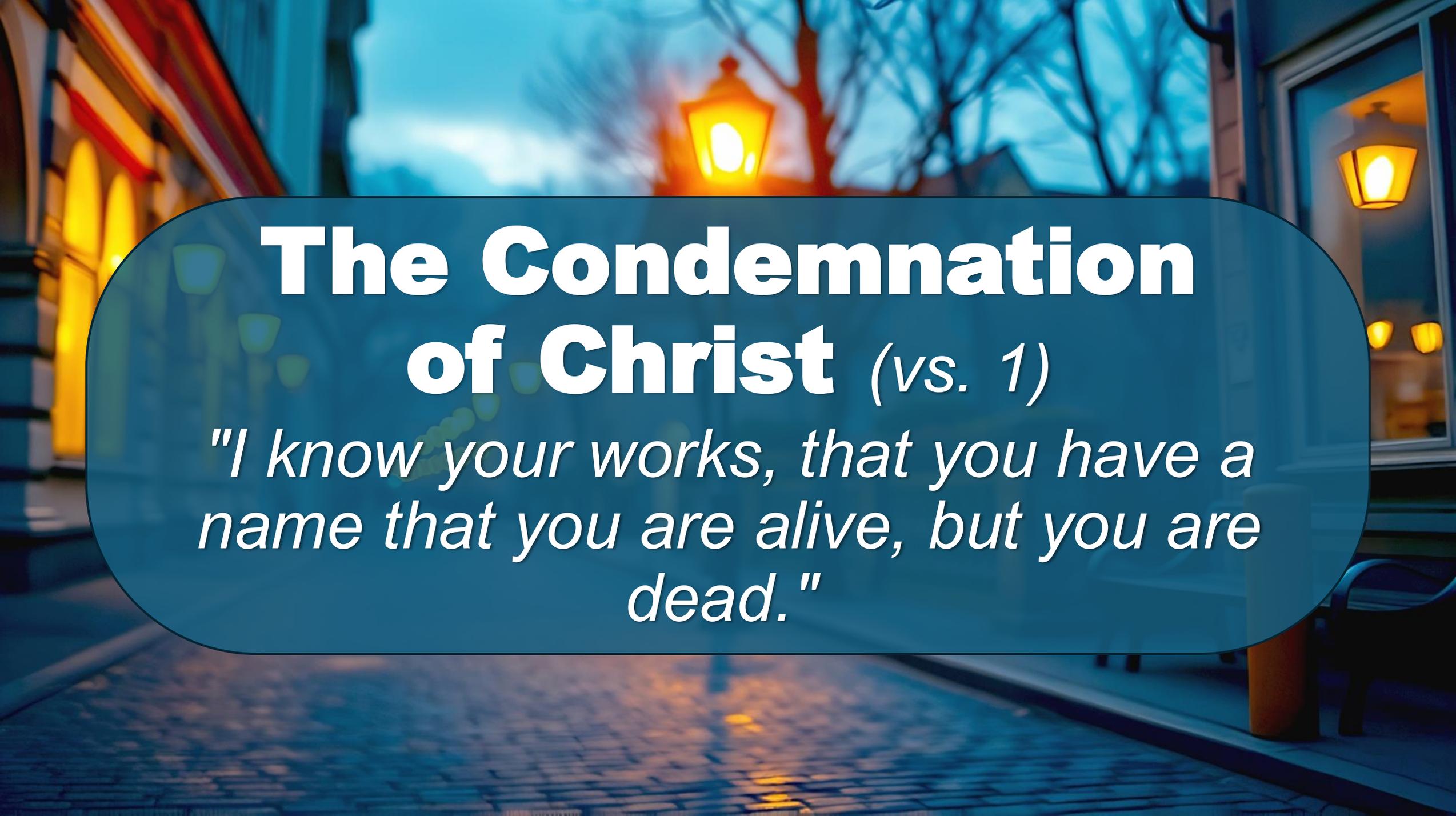


Ancient Sardis

Modern Day Sardis

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The Condemnation of Christ *(vs. 1)*

"I know your works, that you have a name that you are alive, but you are dead."

What are Spiritual Vital Signs?

- **Vital Sign #1: Receiving daily spiritual nutrition of the word of God** (*Luke 4:4*)
- **Vital Sign #2: Removing the spiritual toxin of sin from your life** (*Romans 8:13*)
- **Vital Sign #3: Reflecting the life of Christ more accurately than before** (*2 Corinthians 4:11*)
- **Vital Sign #4: Relying on faith for more things in life** (*Gal 2:20; Rom 1:17; 2 Cor 5:7*)



The Commendations of Christ *(vv. 4-6)*

Question 1: Who are the overcomers?

- **Jesus Christ has overcome the world** (*John 16:33*).
- **You overcome the world if Jesus is in you** (*1 John 4:4*).
- **Jesus is in you when you are born of God** (*1 John 5:4*).
- **You are born of God when you place your faith in Jesus and believe in him as God** (*1 John 5:4-5*).

Question 2: What do the overcomers receive?

- **Reward 1: "They will walk with me"** (*vs. 4; Fellowship*)
- **Reward 2: "shall be clothed in white garments"** (*vs. 5; Purity*)
- **Reward 3: "I will not blot his name from the Book of Life"** (*vs. 5; Security*)
- **Reward 4: "I will confess his name before my father and before his angels."** (*vs. 5; Acceptance*)

The Commands of Christ (vv. 2-3)

"BE WATCHFUL, and STRENGTHEN the things which remain... REMEMBER therefore how you have received and heard; hold fast and repent."

Revitalizing Exercise 1: Be Watchful

- **Be watchful for the RETURN OF CHRIST** (*Mark 13:35*).
- **Be watchful for TEMPTATION** (*Mark 14:38*).
- **Be watchful for FALSE TEACHING** (*Acts 20:29-31*).
- **Be watchful for SPIRITUAL ATTACK** (*1 Peter 5:8*).
- **Be watchful for THANKSGIVING** (*Col 4:2*).

Revitalizing Exercise 2: Be Strengthened

- **We are strengthened through PRAYER**
(Luke 22:32).
- **We are strengthened through using SPIRITUAL GIFTS** *(Rom 1:11).*
- **We are strengthened by interacting with MATURE BELIEVERS** *(1 Thes 3:2).*
- **We are strengthened through SUFFERING**
(1 Pet 5:10).

Revitalizing Exercise 3: Be Mindful

- **Remember your who you are hearing this from** (*vs. 1; Jesus*).
- **Remember your tendency to drift and decay spiritually** (*vs. 1*).
- **Remember your need to hold fast and repent** (*vs. 3*).
- **Remember that Christ is returning soon** (*vs. 3*).

- 1. How are your spiritual vital signs right now?**
- 2. Do you find yourself putting a lot of effort to simply "appear" spiritually alive and active?**
- 3. How do you rely more on your strength while serving than God's strength?**
- 4. In what areas of your walk with God are you most "asleep" or not "watchful"?**

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Reflective Take Home Questions