

JESUS | CHANGES | EVERYTHING

God's Answer for Worry

Matthew 6:25-34

What if...?





1. Jesus says flatly –

“Do - NOT - WORRY!”

When you worry...

- You stop trusting God.
- You start trying to take control of your life.

the preoccupation with things that are
future, hypothetical and beyond our control

“WORRY”

*anxiety: the body's response
to worry and fear*

“WORRY”

from German ... *“worgen”*
to strangle or choke

2. Jesus explains clearly why worry is OUT for the Christian.

- Because there is more to life than things (*vs. 25*)
- Because God has everything under control (*vv. 26-32*)
- Because we can only live one day at a time (*vv. 33-34*)

3. So what do I do with my worry?

- Choose to think - *God has everything under control!*
- Choose to trust.
- Choose to pray.
- Choose to dwell on God's Word.



PHILIPPIANS 4:7

Be careful [anxious] for nothing, but in everything by prayer and supplication, with thanksgiving, let your requests be made known unto God. And the peace of God which passeth all understanding, will keep your heart and mind in Christ Jesus.

Him will be
he should
13 His soul shall
and his offsp
14 The friendship
who fear
and he m
cover
15 My eyes are eve
for he will pl
net
16 Turn to me and
for I am lon
17 The troubles of
bring me out
18 Consider my al
and forgive a
19 Consider how
and with w
hate me
20 Oh guard my s
Let me not b
take re
21 May integrity
preserve
for I wait for
22 Redeem Israe
out of all his
I Will Bless the Loan
26 Oh David
Vindicate m
for I have w
and I have m
without
27 Prove me, O Je
test my hear
for your stead
and I walk

ROMANS 10:17

Now faith [trust] comes by
hearing, and hearing by the
Word of God

13 His soul shall
and his offsp
14 The friendship
who fear
and he mak
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15 My eyes are eve
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I Will Bless the Lord
26 Oh Praise
Vindicate m
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2 Prove me, O Lo
test my heart
For your stead
and I walk in

THINK

TRUST

PRAY

DWELL



BUT SEEK YE FIRST THE KINGDOM

of God,

AND HIS RIGHTEOUSNESS;

AND ALL THESE THINGS SHALL BE
ADDED UNTO YOU.

MATTHEW 6:33