## Can I REALLY Change? AAARRGGHHH!

Romans 8:18-27



# "Groan" an expression of hurt, frustration and longing for things to be better

## Buffalo, NY

### Uvalde, TX

Tulsa, OK

Ames, IA

### We live in a broken world.

Do you feel the world is broken? (We do) Do you feel the shadows deepen? (We do) But do you know that all the dark won't stop the light from getting through? (We do) Do you wish that you could see it all made new? (We do)

> Is He Worthy? Chris Tomlin

Is all creation groaning? (It is) Is a new creation coming? (It is) Is the glory of the Lord to be the light within our midst? (It is) Is it good that we remind ourselves of this? (It is)

#### Is He Worthy? Chris Tomlin

**Context:** If you don't know how to handle suffering in your life, when it hits (and it will) ... your growth will stop!

**Overview:** vs. 22 – creation is groaning vs. 23 – Christians are groaning vs. 26 – the Holy Spirit is groaning **Practical Outline:**  There are a lot of people who feel as if life has let them down, and they have a longing or groaning for things to be better. In Paul's "theology of groaning" found in our text this morning, we find three lessons that will help us face suffering in a Biblical way:

1. We have to get it in perspective.



## 2 Corinthians 4:17-18

For our light affliction, which is but for a moment, works for us a far more exceeding and eternal weight of glory; While we look not at the things which are seen, but at the things which are not seen: for the things which are seen are temporal; but the things which are not seen are eternal.

What is the perspective that we need to get?
1) It is insignificant in respect to intensity "light troubles" (2 Cor. 4:17).
2) It is insignificant in respect to duration "present sufferings" (Rom. 8:18).

There are a lot of people who feel as if life has let them down, and have a longing or groaning for things to be better. In Paul's "theology of groaning" found in our text this morning, we find three lessons that will help us face suffering in a Biblical way:

# We have to get it in perspective. We have to recognize it has a purpose.

### In our suffering, God always has the final say.

I know God makes no mistakes. He leads in ev'ry path I take Along the way that's leading me to home. Tho' at times my heart would break, There's a purpose in ev'ry change He makes; That others would see my life and know That God makes no mistakes. Kim Moore There are a lot of people who feel as if life has let them down, and have a longing or groaning for things to be better. In Paul's "theology of groaning" found in our text this morning, we find three lessons that will help us face suffering in a Biblical way:

**1. We have to get it in perspective.** 

- 2. We have to recognize it has a purpose.
- **3.** We have rely on the help of the Holy Spirit.

# The Holy Spirit comes alongside us in our ignorance.

The Holy Spirit pleads our case with God.
The Holy Spirit prays for us in accordance with God's will.