



# So Happy!

## PSALM 1

# Happiness

- ▶ a state of well-being and contentment
- ▶ a pleasurable or satisfying experience

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- ▶ a state of well-being and contentment
- ▶ a pleasurable or satisfying experience

**The art of figuring out what makes you happy and learning how to ask for it.**

# Blessed

- ▶ Happiness; fortunate
- ▶ From the root word ('asher) – to

**Often used as an interjection (Deut. 33:29; 1 Kings 10:8; 2 Chron. 9:7)**

# Psalm 1

## *The Contrast (6)*

*Get honest about your situation.*



# Psalm 1

*The Caution (1-2)*

***Be deliberate about your  
sanctification.***

# Psalm 1

## The Conclusion (3-6)

***Be thoughtful about your selection.***

# Psalm 1

## *The Contrast (6)*

Two different types of paths.

Two different types of people.





























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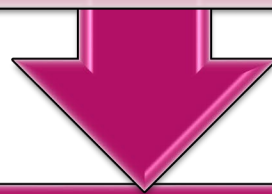
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<b>A</b>	<b>B</b>	<b>C</b>	<b>D</b>	<b>E</b>	<b>F</b>	<b>G</b>	<b>H</b>	<b>I</b>	<b>J</b>
									
<b>K</b>	<b>L</b>	<b>M</b>	<b>N</b>	<b>O</b>	<b>P</b>	<b>Q</b>	<b>R</b>	<b>S</b>	<b>T</b>
									
		<b>U</b>	<b>V</b>	<b>W</b>	<b>X</b>	<b>Y</b>	<b>Z</b>		

# Psalm 1

*The Contrast (6)*

***Get honest about your situation.***



*The Caution (1-2)*

***Be deliberate about your sanctification.***

# Psalm 1

***You can enjoy meaning and purpose in life (6a).***

Satisfaction  
(2)

Security  
(3a)

Success  
(3b)

# Psalm 1

***You can experience failure (4-6).***

Frustration  
(4)

Humiliation  
(5)

Damnation  
(6b)



# Application

**Be honest about your situation.**

Take an inventory of who and what is influencing you.

Avoid the frog in the kettle scenario.



# Application

**Be deliberate about your sanctification.**

Put off.

Put on.

# Application

**Be thoughtful about your selection.**

Enjoy God by  
delighting in His  
Word.

Exchange your  
wickedness for  
Christ's  
righteousness.

