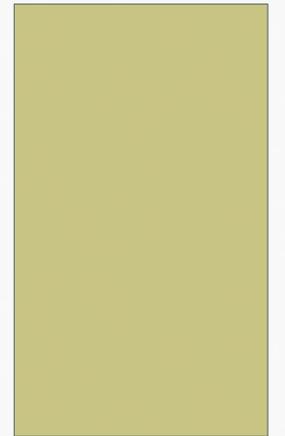


OVERVIEW OF THE PSALMS

ISRAEL'S HYMN BOOK



OVERVIEW OF THE PSALMS

Loving the Psalms

Praying the Psalms

Knowing the Psalms

Worshiping through the Psalms

LOVING THE PSALMS

WILLEM VANGEMEREN

“The book of Psalms can revolutionize our devotional life, our family patterns, and the fellowship and witness of the church of Jesus Christ.”

MATTHEW HENRY

“We have now before us one of the choicest parts of the Old Testament, wherein there is so much of Christ and His Gospel, as well as of God and His law, that it has been called the summary of both Testaments.”

J.J. STEWART PEROWNE

“No single book of Scripture, not even of the New Testament, has, perhaps, ever taken such hold on the *heart* of Christendom.”

C.S. LEWIS

“The most valuable thing the Psalms do for me is to express the same delight in God which made David dance.”

R.C. SPROUL

“Whenever I read the Psalms, I feel like I am eavesdropping on a saint having a personal conversation with God.”

JESUS

“Then He said to them, ‘These are my words that I spoke to you while I was still with you, that everything written about me in the Law of Moses and the Prophets and the Psalms must be fulfilled.’” – Luke 24:44

PRAYING THE PSALMS

R.C. SPROUL

“In the Psalms, we have a collection of 150 prayers that were inspired originally by the Holy Ghost. If you want to know how God is pleased and honored in prayer, why not immerse yourself in the prayers that He himself has inspired?”

THE EARLY CHURCH

And they devoted themselves to the apostles' teaching and the fellowship, to the breaking of bread and the prayers.

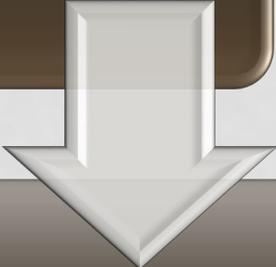
– Acts 2:42

THE DISCIPLES

And when they had sung a hymn, they went out to the Mount of Olives. – Matthew 26:30

PRAYING THE PSALMS

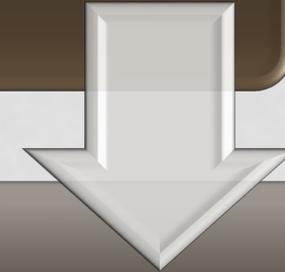
Teaches us to pray.



**Trains us to respond to
the riches of Bible truth.**

PRAYING THE PSALMS

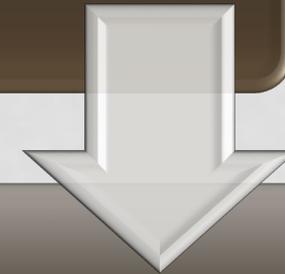
Shapes well-rounded people
to pray in all of human life.



Reorients disordered
affections into God's
good order.

PRAYING THE PSALMS

Can sweeten sour emotions.



**Guards us against
dangerously
individualistic piety.**

PRAYING THE PSALMS

Arouses us to warmth in our relationship with God.

PRAYING THE PSALMS



Five Psalms

*I will tell of your name to my brothers,
in the midst of the congregation I will
praise you.
* You who fear the Lord, praise him!
All you offspring of Jacob, glorify him,
and stand in awe of him, all you off-*

*Even though I walk through the valley of
the shadow of death,
I will fear no evil,
for you are with me;
your rod and your staff,
they comfort me.*

** You prepare a table
for me in the wilderness,
and you fill my cup with wine.*

*He restores my soul.
He leads me in paths of righteousness
for his name's sake.*

25
Track Me Your Psalms
25
*O my God, in mercy I shall
be praised for ever.*

*lift up your heads, O gates,
and be lifted up, O arches,
for the King of glory
is here.
Who is this King of glory?
The Lord, strong and
mighty in battle.
Lift up your heads, O gates,
and lift them up, O arches,
that the King of glory
may enter.
Who is this King of glory?
The Lord of hosts,
he is the King of glory.*

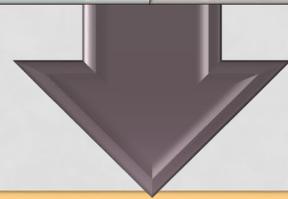
KNOWING THE PSALMS

BACKGROUND AND STRUCTURE

Diversity of Content

Israel's Hymnbook

Personal Journal



Diversity of Background

Variety of Authors

DIVERSITY OF STRUCTURE

Certain Psalms belong together

Psalm 120-134 – Songs of Ascent

Man

Deliverance

Sanctuary

Wandering

Word of the Lord

Entire book is divided into five books

Book One:

1-41

Book Two:

42-72

Book Three:

73-89

Book Four:

90-106

Book Five:

107-150

Genesis

Exodus

Leviticus

Numbers

Deuteronomy

THEME AND APPLICATION

Psalm 1-2 serve as an introduction to the book.

- Book-ended by the word “blessed”

Psalm 146-150 serve as the conclusion.

- Book-ended by the words “praise the Lord” or “Hallelujah”

WORSHIPING THROUGH THE PSALMS

**ULTIMATELY, THE COLLECTION OF PSALMS ARE
ABOUT WORSHIP!**

Worship =

Ascribing to God
His proper worth

NOT restricted to
stated times,
places, and forms.

**ULTIMATELY, THE COLLECTION OF PSALMS ARE
ABOUT WORSHIP!**

Worship =

It involves the totality of life

Including daily trust and
obedience

Including weekly
gatherings for public praise

HOW SHOULD GOD'S PEOPLE WORSHIP HIM?

When you want to get to
know God...

Psalm 8, **103**, 136.

HOW SHOULD GOD'S PEOPLE WORSHIP HIM?

When you are discouraged...

Psalm 3, **13**, 88.

HOW SHOULD GOD'S PEOPLE WORSHIP HIM?

When you are facing the
seemingly impossible...

Psalm **18**, 34, 116.

HOW SHOULD GOD'S PEOPLE WORSHIP HIM?

When you need to review
your Old Testament history...

Psalm 78, **105**, 106.

HOW SHOULD GOD'S PEOPLE WORSHIP HIM?

When you are tempted to ask
“WHY, GOD?”

Psalm 1, 37, **73.**

HOW SHOULD GOD'S PEOPLE WORSHIP HIM?

When you need to confess
sin...

Psalm 32, **51**, 130.

HOW SHOULD GOD'S PEOPLE WORSHIP HIM?

When you are looking for
Christ...

Psalm 2, **22**, 45, 69, 89,
110.

APPLY THE TEXT

GET TO KNOW THE PSALMS

Divide the book of Psalms into the 5 Books.

Identify various groups of Psalms.

Look for authorship and themes.

LOVE THE PSALMS

Read the “The Treasury of David” by Charles Spurgeon.

<https://www.biblestudytools.com/commentaries/treasury-of-david/>

PRAY THROUGH THE PSALMS

Begin praying through one Psalm from each of the 5 books of Psalms each week.

Book
One:
Psalm 1

Book
Two:
Psalm 42

Book
Three:
Psalm 73

Book
Four:
Psalm 90

Book
Five:
Psalm
107

WORSHIP GOD THROUGH THE PSALMS

Worship cannot become a chore. It is the highest joy for which you were created.

